

Life Skill Readiness program

Beyond Academics. Learning for Life



Preparing neurodiverse students for greater independence through meaningful everyday learning.

Why We Created LSRP

Every child deserves an education that prepares them not only for academics but also for everyday life.

Over the years, while working with neurodiverse students and supporting my own son, I observed a common challenge. Many students could solve worksheets and answer classroom questions, yet they found it difficult to apply the same skills in real-life situations.

They could add numbers on paper but struggle to calculate the total cost while shopping. They could read words but hesitate when reading a shopping list or a medicine label. They knew the days of the week but found it difficult to understand how many days remained until an important event.

"How can we help students use what they know in meaningful everyday situations?"

As we worked closely with our students and their families, Monika and I realized that meaningful learning happens when academic concepts are connected to everyday life. This shared vision became the foundation of the Life Skill Readiness Program (LSRP).

Today, LSRP integrates **Everyday Mathematics, Everyday English, Shopping & Budgeting, and Everyday Living** through real-life experiences, helping students gradually build confidence, solve everyday problems, and move towards greater independence.

Our Vision

At ConnectAbility, we believe that education should prepare students not only for academics but also for confident participation in everyday life.

Through the Life Skill Readiness Program, we are committed to creating meaningful learning experiences that help neurodiverse students apply academic skills in practical situations, make informed decisions, solve everyday problems, and build greater independence—one meaningful step at a time.

Our Learning Philosophy

Meaningful learning happens when students are given opportunities to learn, practice, apply, and generalize skills in real-life situations.

Learn → Practice → Apply → Generalize → Become Independent

Preparing neurodiverse students for greater independence through meaningful everyday learning.

Program Overview

Four Learning Areas. One Meaningful Goal.

What is the Life Skill Readiness Program?

The Life Skill Readiness Program (LSRP) is designed for neurodiverse students who have developed basic academic skills and are ready to apply them in everyday life.

Rather than teaching subjects separately, LSRP connects mathematics, language, life skills, and environmental studies through meaningful real-life experiences. This helps students understand not only what they are learning, but also where, when, and how to use these skills with confidence.

Our Curriculum



All four learning areas are interconnected and work together to prepare students for greater independence in everyday life.

Building Skills for Everyday Life, One Step at a Time.

How Students Learn

Learning becomes meaningful when students can confidently use their skills in everyday life.

At ConnectAbility, we believe learning should be engaging, purposeful, and connected to everyday life. Every lesson is carefully designed to help students build confidence and gradually apply their learning at home, in school, and in the community.

Our Teaching Approach

-  Interactive Discussions
-  Real-Life Scenarios
-  Functional Worksheets
-  Guided Practice
-  Visual Supports
-  Home Activities

Program Highlights

-  Online Interactive Classes
-  Progression-Based Curriculum
-  Meaningful Everyday Learning
-  Real-Life Application
-  Small Group Learning
-  Parent Collaboration

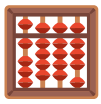
The LSRP Experience

Every lesson is designed to help students confidently use what they learn in everyday life.

A meaningful learning journey that builds skills for everyday life.



Real learning begins when students can confidently use their skills beyond the classroom.



Everyday Mathematics

Developing mathematical thinking through meaningful everyday experiences.

Students gradually progress from understanding mathematical concepts to applying them confidently in everyday situations.

OUR LEARNING JOURNEY

1



MONEY



2



MEASUREMENT



3



CALENDAR & TIME



4



EVERYDAY PROBLEM SOLVING



Each step builds the foundation for greater understanding and confidence in mathematics.

1. MONEY

Understanding and using money in everyday life.



Identifying notes and coins



Counting money



Making different amounts



Giving and checking change



Simple money transactions

2. MEASUREMENT

Measuring, comparing and estimating in everyday situations.



Length



Weight



Capacity



Comparing quantities



Using everyday measuring tools

3. CALENDAR & TIME

Understanding dates, time and daily routines.



Days, months and dates



Counting days before, after and between



Reading calendars



Reading time



Planning everyday activities

4. EVERYDAY PROBLEM SOLVING

Applying mathematical thinking to real-life situations.



Comparing quantities



Choosing the best option



Following mathematical instructions



Everyday reasoning



Applying mathematics in daily life

HOW STUDENTS LEARN



Hands-on Activities



Role Play



Real-Life Situations



Functional Worksheets



Discussions



Home Practice



Every mathematical concept is connected to real life, helping students build confidence and greater independence.



Mathematics becomes meaningful when students can confidently use it in everyday life.



Everyday English

Building communication skills for everyday life.

Students gradually progress from understanding everyday language to using it confidently in real-life situations.

OUR LEARNING JOURNEY

1



FUNCTIONAL READING

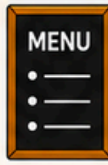
1. FUNCTIONAL READING



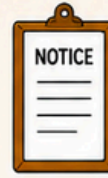
Signs &
Symbols



Labels &
Packaging



Menus



Notices &
Announcements



Timetables &
Schedules



Simple
Instructions

2



LANGUAGE & COMMUNICATION

2. LANGUAGE & COMMUNICATION



Expressing
Needs



Expressing
Feelings



Listening &
Responding



Everyday
Conversations



Asking &
Answering
Questions



Social
Communication

3



UNDERSTANDING INFORMATION

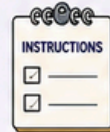
3. UNDERSTANDING INFORMATION



Understanding
Information



Finding
Important
Information



Following
Instructions



Sequencing
Events



Answering
Questions



Applying
What We Read

SKILLS FOR EVERYDAY LIFE



Hands-on
Activities



Role Play



Real-Life
Situations



Functional
Worksheets



Discussions



Home
Practice



Language becomes meaningful when students can understand, communicate, and participate confidently in everyday life.



Language becomes meaningful when students can understand, communicate, and participate confidently in everyday life.

Everyday Shopping & Budgeting

Helping students develop the practical money and shopping skills they need to become more confident and independent in everyday life.

Students gradually progress from understanding money concepts to making informed shopping and budgeting decisions in everyday life.

OUR LEARNING JOURNEY

1



MONEY BASICS & WHY WE NEED MONEY

Understanding money and its importance in our lives.



What is Money?

Money is something we use to buy things.



Money Comes In

We get money as coins and notes.



Why We Need Money?

We use money to buy things we need and want.



Helps Us in Daily Life

It helps us pay for food, clothes, toys, books and more.



Keep Money Safe

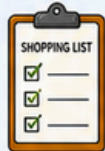
We keep money safe in banks.

2



SHOPPING SKILLS

Learning to shop smart and make the right choices.



Make a List

Plan before you shop.



Check MRP

Look at the MRP (Maximum Retail Price).



Compare Prices

Which item has less price?



Give Money

Give the correct money to the shopkeeper.



Total Bill

Check the total bill.



Change

Take the correct change back.



Not Enough Money?

If you don't have enough money, choose other options.

3



WALLET MANAGEMENT

Taking care of money wisely every day.



What is a Wallet?

A wallet helps us carry and keep money safely.



Organise Your Money

Keep notes and coins in the right place.



Set a Budget

Plan how much to spend and save.



Save Money

Save some money for future needs.



Take Care

Keep your wallet safe and clean.

4



DECISION MAKING

Choosing wisely between wants and needs.



Wants vs Needs

Understand the difference between wants and needs.



Think Before You Buy

Do I really need it? Is it important?



Make Wise Choices

Choose what is useful and within budget.



Good Decisions

Smart choices today lead to a better future.

HOW WE LEARN



Hands-on Activities



Role Play



Real-Life Situations



Worksheets & Practice



Discussions



Home Practice



Smart shopping today builds a better tomorrow.
Let's learn, choose wisely and become financially independent!



Money skills become meaningful when students can make confident everyday decisions.



Everyday Living & Environment

Building awareness, understanding, and confidence in the world around us.

Students gradually progress from becoming aware of themselves and their surroundings to participating confidently and responsibly in everyday life.



Understanding our surroundings helps students participate confidently, responsibly, and independently in everyday life.



What Your Child Will Gain

Through guided practice and meaningful everyday experiences, students gradually build the practical skills, confidence, and independence needed to participate successfully in everyday life.

Life Skills

 Read and understand everyday information

 Use money confidently in daily situations

 Shop independently using simple lists

 Manage dates, time, and daily routines

 Measure, compare, and estimate in real life

 Communicate needs, ideas, and feelings confidently

Confidence & Independence

 Follow simple verbal and visual instructions

 Make safe and responsible everyday choices

 Understand people, places, health, safety, and the environment

 Think critically and solve everyday problems

 Plan and manage simple daily routines

 Build confidence, independence, and meaningful participation in everyday life



Every lesson brings students one step closer to greater confidence, independence, and meaningful participation in everyday life.



Meet Your Mentors

Guiding every student with experience, compassion, and a shared vision for meaningful learning.

At ConnectAbility, we believe every child deserves mentors who understand their strengths, respect their pace, and believe in their potential.



Vandana Gautam

*Founder
ConnectAbility
B.Tech (Computer Science)
Educator • AAC Professional • Parent*

With over 8 years of experience supporting neurodiverse learners and families, Vandana combines her background in technology, education, and lived experience to create meaningful learning experiences.

She is passionate about helping students build confidence, communication, practical life skills, and greater independence.



Monika Misra

*Founder
Mindful Nurturing Academy Lucknow
Senior Special Educator
Mentor • Program Facilitator • ConnectAbility*

With over 11 years of experience supporting neurodiverse learners, Monika creates engaging and structured learning experiences that help students build confidence, communication, and independence. She believes meaningful learning happens when students actively participate and connect classroom concepts to everyday life.

Together, Vandana and Monika are committed to preparing students not just for academics, but for life.

Shared Vision

At ConnectAbility, we believe every student deserves meaningful learning experiences that build confidence, communication, independence, and meaningful participation in everyday life.



What Our Parents Say

Every child's journey is unique. Here are a few reflections shared by parents whose children have been part of the Life Skill Readiness Program.



Parent Experiences

"My son has ASD and used to be very uncomfortable with online classes. Since starting this functional academic and life skill readiness program with Vandana ma'am and Monika ma'am, he has become much more comfortable in front of the screen. He is just beginning to take a real interest in the sessions, which is a huge step forward for him. Their patient teaching style is helping him adjust to online learning while building practical everyday skills. We are so glad to see this progress."

Rachna

12:14 am



Testimonial for Vandana Ma'am and Monika Ma'am

The Life Skills Awareness online classes conducted by Vandana Ma'am and Monika Ma'am have been a wonderful experience for children. The sessions are highly practical, engaging, and directly applicable to day-to-day life. The concepts are explained in a simple and interactive manner, making learning enjoyable and meaningful.

What makes these classes truly special is that children genuinely look forward to attending them. The activities, discussions, and real-life examples keep them interested and involved throughout the sessions.

Thank you, Vandana Ma'am and Monika Ma'am, for your dedication and for creating such a positive learning environment that helps children develop essential life skills with enthusiasm and confidence. 🌸 🙏



More Parent Feedback

Thanku so much Vandana madam..ur energy and aura is unmatched....definitely our children will go beyond expectation..

Thank you so much Vandana Ma'am for giving the opportunity to our wonderful kids who have done their best according to your guidance and motivation . Will be happy to attend more classes like

Every family's journey is unique, and every step towards confidence and independence is worth celebrating.

Who Can Join the Program?

Designed for neurodiverse students who are ready to build greater independence through meaningful everyday learning.

The Life Skill Readiness Program (LSRP) is suitable for students who have developed basic foundational skills and are ready to apply them in real-life situations.

Age Group

10 Years and Above

Readiness and learning needs are more important than age.

Prerequisites

Students are likely to benefit most if they can:

-  Recognize basic letters, words, numbers, and simple instructions.
-  Participate in an online learning environment with minimal support.
-  Attend a structured session for approximately 45 minutes.
-  Communicate using speech, AAC, gestures, or another preferred communication method.
-  Learn in a small group setting.
-  Follow simple verbal or visual instructions.

Parent Partnership

Parents are our partners in learning. Regular practice at home helps students apply new skills with greater confidence and independence in everyday life.

Ready to Take the Next Step?

If your child is ready to move beyond academics and begin learning practical skills for everyday life, the Life Skill Readiness Program can be a meaningful next step. We would be happy to answer your questions and help you understand the program.

Connect with us



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Every student learns at their own pace. Our goal is to help each learner become more confident, capable, and independent—one meaningful step at a time.

Begin the Journey

Every meaningful step today creates a more confident tomorrow.

The Life Skill Readiness Program (LSRP) is suitable for students who have developed basic foundational skills and are ready to apply them in real-life situations.

Program Details

-  Online Classes
-  Small Group Learning (Maximum 10 Students)
-  45-Minute Sessions
-  4 Classes per Week
-  Home Practice Activities

Learning Approach

-  Hands-On Learning
-  Real-Life Applications
-  Role Play & Practice
-  Interactive Discussions
-  Home Practice

What Makes LSRP Different?

-  Real-life learning
-  Small-group teaching
-  Experienced Special Educators & Mentors
-  Parent partnership
-  Confidence and independence focus

Begin the Journey Today

**We'd love to help your child build confidence, independence, and meaningful life skills.
Contact us to learn more or discuss whether LSRP is the right fit.**

Limited Seats Available - Maximum 10 Students Per Batch

Every child deserves the opportunity to build the confidence, independence, and life skills needed to participate meaningfully in everyday life.



ConnectAbility



Empowering Every Ability to Connect and Grow

Empowering Neurodivergent Learners for Life

Building confidence, communication, independence, and employment readiness through meaningful everyday learning.



WhatsApp: 9810578594

Together, let's prepare every learner not just for academics, but for life.